



Dear parent / guardian,

IMPORTANT CHANGES (Effective immediately): Please read our updated drop off and pick up procedures:

DROP OFF'S:

Please note that the supervision of children not participating in any gymnastics sessions is the sole responsibility of their parents or guardians, whether inside or outside of the building. Children within the facility must be supervised at all times. The club will not accept any liability for injury caused to such children.

Red Hot Gymnastics cannot be responsible for any unaccompanied children until their coach is ready to take the session.

At the beginning of each class coaches will take a register, before any activity commences. This is for both fire safety and to monitor attendance.

Please make sure all contact details are up to date.

COLLECTION:

All children in independent classes must be collected at the end of their gymnastics session and on time. If you know that you are going to be late collecting your child for any reason you must contact the club ASAP. If parents/carers arrive more than 15 minutes after the end of the session, they will be charged for the coaches extra time, unless under extreme circumstances.

The collection point will be the drop off zone where gymnasts are dropped off. All participants must be collected by a suitable adult (16years+). A coach will be by the drop off zone gym entrance to ensure participants safe dispersal from class.

For safety reasons, we cannot let children out of the gym by themselves until a suitable adult is present. The coach reserves the right to refuse collection if unsure of the safety

of the child, and until contact has been made with an adult who has parental responsibility for the child. Coaches will remain with gymnasts until all gymnasts have been collected.

OUTSIDE THE GYM:

Children are the parent / guardian's own responsibility when not in a class in the gym. The club is located on an industrial estate, therefore for safety reasons children must be accompanied at all times.

CAR PARK: Please note:

Drop off and collection periods are extremely busy with many families going into and out of the club, so please exercise additional caution during these times.

Can we please remind you to park responsibly and considerately when attending the club.

Red Hot Gymnastics are not responsible for any loss or damage from or pertaining to a vehicle whilst in the car park.

HAIR / JEWELLERY:

We would like to take this opportunity to remind all parents that sending your child to their lessons wearing jewellery is not safe practise. Failure to remove jewellery may render your child's insurance invalid. All jewellery must be removed at home in preparation for the lesson. If it is a new piercing then it is your responsibility to tape your child's piercings prior to the lesson, and in this case, you must notify your child's class coach and after six weeks the piercing will need to be removed. If your child wears religious jewellery you will first need to consult your class coach to discuss options.

In the interest of safety, coaches will prohibit a child's training if these rules are not adhered too. For safety reasons, all participants with long hair, should tie it up to keep it out of there face. For any further enquires please contact lzoe.lake@sky.com or 07934187870.